



Vishakha Gautam

VISUAL ARTIST · CERTIFIED ART THERAPIST
FOUNDER, WHEN COLOURS WHISPER

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Profile

I am a canvas and mural artist and a certified art therapist. Largely self-taught, I work across traditional and digital mediums. My paintings are mostly intuitive, abstract acrylics on canvas, inspired by nature, meditation and spiritual practice. I have shown my work in 11 exhibitions across India and London. I also paint murals for cafés, hostels and NGOs, and run art and therapeutic art sessions for children and adults. My background in engineering, management and product shapes how I plan, organise and share my work. Through art, I hope to nurture creative confidence, emotional wellbeing and the joy of exploring.

Exhibitions

2026	SYNCHRONICITY 2 · AIFACS, New Delhi	2026	Imaginara · Lokayata Art Gallery, New Delhi
2026	Main Shunya Hun · Lokayata Art Gallery, New Delhi · Work appreciated	2026	Tabula Rasa · Gandhi Darshan Art Gallery, New Delhi
2026	Freedom – Season 3 · Nehru Centre AC Art Gallery, Mumbai · Work appreciated	2026	Beyond the Border · Delhi Art Centre, New Delhi
2026	UsariArtt · Lalit Kala Akademi, Shimla	2025	The New Artist – 8th Edition · Boomer Gallery, London, UK · Selected from 1,000+ applicants
2026	No. 35 Gallery · London, UK	2023	Future Artist · Manikarnika Art Gallery
		2023	Kala Spandan Art Fair · Pune

Art practice

2025 – Present	Founder, When Colours Whisper Intuitive, abstract and spiritual paintings; a monthly Intuitive Art Mail with 20+ subscribers; a two-year frequency-art project exploring emotion through colour.
2025 – Present	Freelance Art Instructor and Therapeutic Art Coach 10+ workshops and 15+ art therapy sessions for children and adults; regular classes for about 25 children in two residential communities; a corporate art event with 500+ footfall.
2022 – 26	Murals and art stalls Hostel murals at BYOC Indiranagar, Bangalore; Jungle by Strumfrei, Old Manali; Tusker Tribe, Gokarna; NGO murals in Goa; a Warli mural for MAD & Co.; art stalls in Delhi NCR and Bangalore.
2020	In-house artist, La Gravitea café, Jamshedpur Created artworks and the café's visual look, and hosted community art events.

Art was a constant through college too: I led NSIT's Art Society (2014–17) and the fine arts team of an inter-college cultural fest (2018–19).

Recognition

- Published in Boomer Gallery's Emerging Artist book, London (2025)
- Top 50 Indian Artists, SpotWrite Publications (2021)
- Art featured in XLRI's newsletter
- First Runner-up, SPIC MACAY Hunar-e-XL (2019)

Mediums and skills

Traditional: pencil sketches, acrylics, watercolour, texture art, Indian art forms, frequency art

Digital: Procreate, Photoshop, frequency art

Murals: acrylic murals for hostels, cafés and NGOs

Art therapy: colour psychology, emotional insight, visual healing

Teaching: art for children and adults; intuitive and neurographic art

Events: workshops, craft booths, creative retreats, face painting, community stalls

Sales and branding: running art stalls, building my own brand; Shopify, Canva, Figma, Illustrator

Earlier career

Five years in product and banking (LeRemitt, Juspay, ICICI Bank, Royal Bank of Scotland), and an internship at JSW.

Education and training

2025 – 26	PG Diploma in Guidance & Counselling Jamia Millia Islamia, New Delhi
2025	Art-Based Therapy IIPR, Bangalore
2025	Therapeutic Art Coach (Holistico); Oxford-accredited Diploma in Art Therapy
Ongoing	Ayurvedic Wellness AAFT
Courses	Certified Art Therapist (Udemy); Neurographic Art (Krupalini Swamy)
2019 – 21	MBA, Marketing & Strategy XLRI Jamshedpur
2014 – 18	B.Tech, Information Technology NSIT, University of Delhi

Languages

English, Hindi, Sanskrit